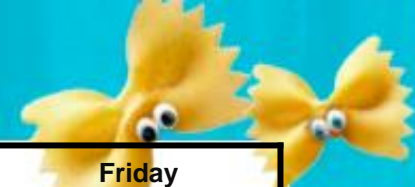


# Primary Summer 2019 Menu Week 1



|                         | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   |
|-------------------------|--|---|--|--|--|
| <b>Hot Main Dish</b>    | <b>Tomato &amp; Mozzarella Pizza **</b><br><i>with Jacket Wedges</i> | <b>Chicken, Pea &amp; Potato Bake</b>                 | <b>Roast Chicken</b><br><i>with Roast Potatoes and Gravy</i>                   | <b>BBQ Meatballs</b><br><i>served with Pasta **</i>                          | <b>Salmon Fish Fingers ***</b><br><i>Breaded Fish Fingers with Chips</i> |
| <b>Alternative Dish</b> | <b>Chinese Style Veggie Rice</b>                                     | <b>Vegetable Pasta Bolognese **</b>                   | <b>Sweet Potato and Chickpea Roast</b><br><i>with Roast Potatoes and Gravy</i> | <b>Sweetcorn Tortilla Pie</b><br><i>(layered tortilla bake) with Rice **</i> | <b>Veggie Hotdog</b><br><i>with Chips</i>                                |
|                         | <b>Jacket Potato with cheese or beans</b>                            | <b>Jacket Potato with cheese or beans</b>             | <b>Jacket Potato with cheese or beans</b>                                      | <b>Jacket Potato with cheese or beans</b>                                    | <b>Jacket Potato with cheese or beans</b>                                |
| <b>Vegetables</b>       | <b>Broccoli Sweetcorn</b>  | <b>Green Beans Mediterranean Vegetables</b>           | <b>Carrots Cabbage</b>   | <b>Peas Seasonal Vegetables</b>  | <b>Sweetcorn Baked Beans</b>   |
| <b>Desserts</b>         | <b>Mango Frozen Yoghurt</b>  | <b>Pear Upside Down Cake *</b><br><i>with Custard</i> | <b>Flapjack</b><br><i>with Fruit Slices *</i>                                  | <b>Brownie Cake</b>  | <b>Berry Chill</b>   |

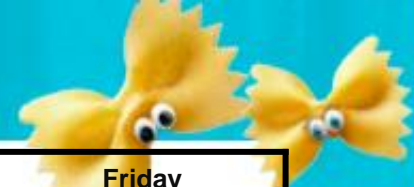
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

Week commencing: 22.04 / 13.05 / 10.06 / 01.07 / 22.07 / 19.06 / 07.10



# Primary Summer 2019 Menu Week 2



|                         | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|-------------------------|---|--|--|---|--|
| <b>Hot Main Dish</b>    | <b>BBQ Quorn Burger</b><br><i>with Jacket Wedges</i>          | <b>Chicken Sausages</b><br><i>with Creamed Potato</i>    | <b>Roast Turkey</b><br><i>with Roast Potatoes and Gravy</i>            | <b>Lamb Pasta Bolognese **</b>                    | <b>Crispy Fish &amp; Chips</b><br><i>Crispy Battered Pollock with Chips</i>            |
| <b>Alternative Dish</b> | <b>Mediterranean Tart (pastry)</b><br><i>with Pesto Pasta</i> | <b>Vegetarian Sausages</b><br><i>with Creamed Potato</i> | <b>Cauliflower and Creamed Corn Bake</b><br><i>with Roast Potatoes</i> | <b>Mild Chickpea Curry</b><br><i>with Rice **</i> | <b>Baked Bean and Cheese Quesadilla</b><br>(folded tortilla wrap)<br><i>with Chips</i> |
|                         | <b>Jacket Potato with cheese or beans</b>                     | <b>Jacket Potato with cheese or beans</b>                | <b>Jacket Potato with cheese or beans</b>                              | <b>Jacket Potato with cheese or beans</b>         | <b>Jacket Potato with cheese or beans</b>  |
| <b>Vegetables</b>       | <b>Crunchy Coleslaw Peas</b>                                  | <b>Roasted Peppers and Sweetcorn Baked Beans</b>         | <b>Cabbage Carrots</b>   | <b>Broccoli Sweetcorn</b>                         | <b>Peas Tomato and Cucumber Salad</b>  |
| <b>Desserts</b>         | <b>Chocolate Sponge Cake</b><br><i>with Custard</i>           | <b>Strawberry Sponge Swirl</b>                           | <b>Oatie Biscuit</b><br><i>with Fruit Slices *</i>                     | <b>Apple &amp; Carrot Slice *</b>                 | <b>Cheese and Biscuits</b>   |

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

Week commencing: 29.04 / 20.05 / 17.06 / 08.07 / 02.09 / 23.09 / 14.10



# Primary Summer 2019 Menu Week 3



|                  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|------------------|---|--|---|---|--|
|                  | <b>Mac 'N' Cheese</b><br><i>Macaroni Cheese</i> | <b>Chicken and Sweetcorn Pizza **</b><br><i>with Jacket Wedges</i> | <b>Roast Turkey</b><br><i>with Roast Potatoes and Gravy</i> | <b>Chinese Chicken Rice</b>                             | <b>Golden Fish Fingers &amp; Chips</b><br><i>Breaded Fish Fingers with Chips</i> |
| Alternative Dish | <b>Vegetable Korma</b><br><i>with Rice **</i>   | <b>Cheesy Bubble &amp; Squeak</b>                                  | <b>Quorn Roast</b><br><i>with Roast Potatoes with Gravy</i> | <b>Creamy Pesto Pasta</b>                               | <b>Sweet Potato &amp; Chickpea Burger</b><br><i>with Chips</i>                   |
|                  | <b>Jacket Potato with cheese or beans</b>       | <b>Jacket Potato with cheese or beans</b>                          | <b>Jacket Potato with cheese or beans</b>                   | <b>Jacket Potato with cheese or beans</b>               | <b>Jacket Potato with cheese or beans</b>  |
| Vegetables       | <b>Broccoli Carrots</b>                         | <b>Peas Mediterranean Vegetables</b>                               | <b>Carrots Cabbage</b>                                      | <b>Roasted Summer Vegetable Medley Sweetcorn</b>        | <b>Baked Beans Peas</b>  |
| Desserts         | <b>Peach Slice</b>                              | <b>Lemon Drizzle Cake</b>  | <b>Blueberry Frozen Yoghurt</b>                             | <b>Apple and Berry Crumble *</b><br><i>with Custard</i> | <b>Chocolate Shortbread</b><br><i>with Fruit Slices *</i>                        |

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

Week commencing: 06.05 / 03.06 / 24.06 / 15.07 / 09.09 / 30.09 / 21.10

