The Pinner Park Post



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Anti-Bullying Week: Change Starts with Us

This week we have joined with many schools and organisations to participate in Anti-Bulling Week.

Anti-Bullying Week is coordinated by the Anti-Bullying Alliance, a unique coalition of organisations and individuals, working together to achieve their vision to: stop bullying and create safer environments in which children and young people can live, grow, play and learn.

What is Bullying?

Someone is trying to hurt you
It happens again and again
You can't stop it on your own

During the week we have shared with the children, at a level appropriate to their age, our understanding of what bullying is (displayed above). Please reinforce this message with your children.

Attached to this newsletter is a leaflet explaining our approach in more detail.

Christmas Performances

Although Christmas is still a very long way off, some year groups are preparing performances – from a few Christmas Songs through to nativity plays. We'll give you further details nearer the time but, for now, here is a reminder of the dates and times (and which classes are performing on each day):

Reception Christmas Singing

Monday, 16 December, 2.30pm R Chestnut and R Oak Tuesday, 17 December, 2.30pm R Birch and R Willow

Year 1 Nativity

Monday, 9 December, 2.00pm 1 Willow and 1 Birch Tuesday, 10 December, 9.15am 1 Oak and 1 Chestnut

Year 2 Christmas Singing

Wednesday, 11 December, 2.30pm 2 Oak and 2 Willow Wednesday, 18 December, 2.30pm 2 Birch and 2 Chestnut

Year 3 and Year 4 Christmas Music Performance

Tuesday, 10 December, 2.00pm All Years 3 and 4 Wednesday, 11 December, 9.15am All Years 3 and 4



Reminders and News in Brief

Bag 2 School

Thank you to everyone who supported our 'Bag 2 School' collection this week. We had a great response.

Year 2 Cinema

Next Friday, 22 November, is our Year 2 Cinema Afternoon. Please check on School Ping for further information (or <u>click here</u> for the letter).



School Closure

The school will be closed to **all pupils** on Thursday 12 December. This is because the school is being used as a polling station for the general election. Any meals pre-booked for that day will be cancelled and no charge will be made.

Governing Board – Parent Governor

We are inviting nominations for the role of parent governor. The information has been sent to all parents by School Ping. Please <u>click here</u> for a copy of the letter.

Morning Entry into School – Years 3 – 6

Children can come into school any time between 8.45am and 8.55am. If children in Years 3, 4 or 5 arrive before the door is opened, they should line up alongside the school building to leave the route around the school clear for others. Year 6 children will continue to come into school using the normal route.

Sports News

Our football team played this week against West Lodge School, in very wet conditions. The final result was a 1-1 draw. Well done to the team!

Poppies

Thank you to our Year 6 volunteers who were Poppy Appeal Collectors at the start of each day last week. They were reliable and helpful. Thanks also to everyone who contributed towards the appeal.

School Meals and Parent Pay

Please remember that all school meals must be ordered in advance through Parent Pay (even if you do not need to pay for your child's meal). You can book meals several weeks in advance, but please set yourself a reminder (especially for Monday lunch!).

Jewellery

We do not allow children to wear jewellery in school. Children may wear small, plain, stud earrings in recently-pierced ears. If your child needs to wear any jewellery, necklaces or bracelets in school due to religious observance, please could you speak to Mr Waldron or Mrs Edwards so that we can come to an agreement about what can be worn.

Lego Donations

A massive thank you to those parents who have donated some Lego to school. We are especially on the lookout for small Lego kits, complete with instructions.

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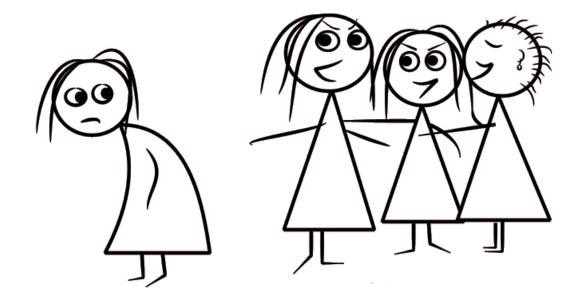








BULLYING



A guide for parents

Introduction



Nearly everyone experiences difficulty at some time in their lives. At these times we need to know what we can do, and who can help us.

If a child is being bullied, he or she may feel scared, vulnerable and quite alone. We want to support children to sort out the situation so that the bullying stops.

For some, bullying can go on for years; for others it is less frequent. Bullying is always wrong and it is not the fault of the victim.

At Pinner Park we want to take bullying very seriously indeed. We want to work in a school that does not tolerate bullying of any kind from anyone. This guide is to help parents to help us to make sure that we can work together to make sure that school is a happy place for everyone to be.

What is bullying?

We have adopted the following definition of bullying:

"Bullying behaviour abuses an imbalance of power to repeatedly and intentionally cause emotional or physical harm to another person or group of people. Isolated instances of hurtful behaviour, teasing or arguments between individuals would not be seen as bullying" (Torfaen definition 2008)

There are many definitions of bullying but they have three common factors:

- It is deliberately hurtful behaviour
- It is repeated over a period of time
- It is difficult for those being bullied to defend themselves

For children, we use the following description to help them to understand bullying:

Someone is trying to hurt you It happens again and again You can't stop it on your own

The school works hard to ensure that all pupils know the difference between bullying and simply 'falling out', or occasional acts of unkind or thoughtless behaviour. Friendship fallouts do occur at times and occasionally there will be conflict between pupils – this is all part of the learning which happens at school and will be dealt with in line with our behaviour policy.



What if I am bullied?

If someone is being bullied, he or she will feel sad, scared or worried. We want to remind children that if they are being bullied at school, at home or somewhere else then this is not their fault and there are lots of people who want to help.

The following advice for children may be helpful:

Tell Someone: Usually, it's difficult to sort out bullying on your own or even with the help of friends. You should think seriously about telling an adult. Tell your class teacher, your parents or another member of staff. Don't be embarrassed about asking for help - all of these adults will be pleased to help you and will take your worries seriously. They



will tell others about your worries only if they think that it will help you, or keep you safe.

Tell a friend what is happening: They may go with you to tell an adult and will want to support you.

Try to ignore the bully or say 'No' firmly and walk away: It is better to run away than to stop and be bullied. Remember to tell someone what happened.

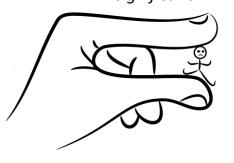
Don't show anger or frustration: Keep calm and tell someone what has happened.

Don't fight back or retaliate: Do not behave in the same way as the person being unkind. If you fight back or retaliate, you could make the situation worse, get hurt or told off.

How parents can help

No one deserves to be made to feel small or insignificant.

If you are worried that your child is being bullied, ask him or her to speak out. Encourage your child by saying that you want to help and support them, whatever the problem.



Take your child seriously and find out what exactly has been going on. Don't promise to keep the bullying a secret but reassure your child that you will help them sort out the problem.

If your child tells you that they are being bullied at school, tell us straight away. Speak to your child's class teacher. The school has a

clear anti-bullying policy. We aim to take all incidents of bullying seriously and to investigate the issue fully.

If you are concerned that the school is not helping your child, please raise this with one of the senior leadership team.

Reporting bullying

As a school we will:

- Encourage victims and witnesses to speak up;
- Treat incidents seriously however trivial they seem at first glance;
- Be alert for changes in behaviour, attitude and well-being;
- Listen to parental concerns and follow up any repeated incidents.



Responding to bullying

We will endeavour to:

- Take all bullying problems seriously;
- Deal with each incident individually and to assess the needs of each pupil separately;
- Investigate all incidents thoroughly;
- Ensure that bullies and victims are interviewed separately;
- Obtain witness information;
- Inform staff about the incident;
- Ensure that action is taken to prevent further incidents.
- Such action may include:
 - Imposition of sanctions (in line with our behaviour policy)
 - Obtaining an apology
 - Informing parent(s)
 - Provide support to pupils involved
 - Opportunities for 'restoration' to take place
 - Establishing enhanced monitoring methods
- Liaise with, and support, parents where bullying or cyber-bullying has taken place outside of school, as far as is reasonably possible
- Avoid describing any pupil as 'a bully', but making it clear to any perpetrator the bullying behaviours which need to stop



If you would like any further information, or would like to receive a copy of the school's antibullying policy, please contact us.

