

The Pinner Park Poet

Special Edition



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First Week Done!

It was amazing to see our local community join with millions across the nation to clap the dedicated and brave NHS workers at 8pm yesterday. These are extraordinary times, and there are many people going over and above in their commitment to support the nation at these times.

We want to extend that applause to the school staff. They have diligently worked to stay connected, to care for the children of key workers, and to support home learning. This is an amazing effort.

We also applaud our children, parents and families. No-one expected this week to look like this! The positive and calm approach with which you have approached everything that has 'landed on your plate' this week is a measure of the strength of our community. We know that it has not been easy, but we are in admiration of your efforts. Keep up the good work!



We'll pause our communications over the weekend, but if you urgently need support with anything over the next two days, please email office@pinnerpark.harrow.sch.uk and we will try and respond to any urgent matters.

Thanks once again for your support and kindness this week.

Best wishes,

Nick Waldron

Headteacher

This Week's Community Challenge

Send a photo of you doing your home learning. We'll add the photo to our online gallery so please make sure you have permission from Mum or Dad before sending one in.

Send your photos to our new email address: share@pinnerpark.harrow.sch.uk.



Support for Home Learning – GREAT RESOURCES FOR PE!



We'll try and give you as much support as possible over the coming weeks.

Here are some recommended resources which you may find of use. Remember you can use any resources to supplement the learning packs on our website. We'll try not to overwhelm you with hundreds of resources – just a few each day which we know are helpful.

Remember – don't feel overwhelmed or stressed – just do as much as you can. Remember to just have fun and enjoy being a family too – that is important!

Today we are focusing on PE. It won't be possible to replicate the PE lessons we have in school, which include gymnastics, dance, athletics, games and swimming. However, it is important to stay physically active.

Remember that you can take one form of exercise a day - for example a run, walk, or cycle (but this can only be with members of household). There are lots of things you can do at home to get those bodies moving!

Mrs Holland, our PE specialist teacher, writes:

We know things are a bit different at the moment but we want you to know that all the staff are thinking of you. Below are some useful web based activities that can be accessed or used whilst you are at home. You do not need to access them all but if you can do some exercise a day 10 minutes – 60 minutes it will make you feel happy!

Exercise is something that all the family can do and you do not need lots of equipment!

Remember just dancing to a song on the radio or climbing the stairs more often will also keep you more active! Try and think of any other 'normal' ways of exercising!

Look after yourself and those around you.

BBC Supermovers: Fun curriculum linked resources to get you moving while you learn
<https://www.bbc.co.uk/teach/supermovers/ks1-collection/zbr4scw>

Joe Wicks: The Body Coach, daily 9am PE sessions <https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Go Noodle: Physical and mindfulness activities <https://www.gonoodle.com/>

Boks Kids: 9am every weekday morning via Facebook live (adult log in required)
<https://www.bokskids.org/boks-at-home/>

Work, play, train kids: A website that has activities for mindfulness, quick breaks or half hour activities/workouts <https://www.workplaytrainkids.com/studentresource>

Change4Life: This website is from the NHS and has fun links with Disney for indoor activities. There is also some yummy recipes on here! <https://www.nhs.uk/change4life/activities/indoor-activities>

Cosmic Kids: Yoga, mindfulness and relaxation designed specifically for children. It is a youtube channel so adult supervision is advised <https://www.youtube.com/user/CosmicKidsYoga>

Ready, set, ride! For those cyclists or wannabe cyclists <https://www.readysetride.co.uk/activities>

Benefit-Related Free School Meals



Thanks to everyone who has selected their preferred supermarket.

If you selected your supermarket before the end of the day on Wednesday, your voucher will have been sent to your email or mobile (Tesco, Morrisons, Asda) or it will be sent today (Sainsburys).

If you made your supermarket selection yesterday, you should receive your voucher today.

If you have not yet selected your supermarket, please check your texts and emails!

Keeping in Touch – Live Chat and Year Group Emails

We have a new 'live chat' facility on our school website. A number of parents have already used this – we hope you are finding it useful! We will try and keep this open as much as possible, enabling you to speak directly to a member of staff about anything.

In addition, we also have some year group email addresses. If you, or your child, have any questions about home learning, if you need a password for something, or if you need some ideas, simply send a message and a member of staff from the year group team will get back to you.



The email addresses are:

nursery@pinnerpark.harrow.sch.uk

reception@pinnerpark.harrow.sch.uk

year1@pinnerpark.harrow.sch.uk

year2@pinnerpark.harrow.sch.uk

year3@pinnerpark.harrow.sch.uk

year4@pinnerpark.harrow.sch.uk

year5@pinnerpark.harrow.sch.uk

year6@pinnerpark.harrow.sch.uk

Please use office@pinnerpark.harrow.sch.uk for any general enquiries.

FOLLOW US ON SOCIAL MEDIA
@PinnerParkSch



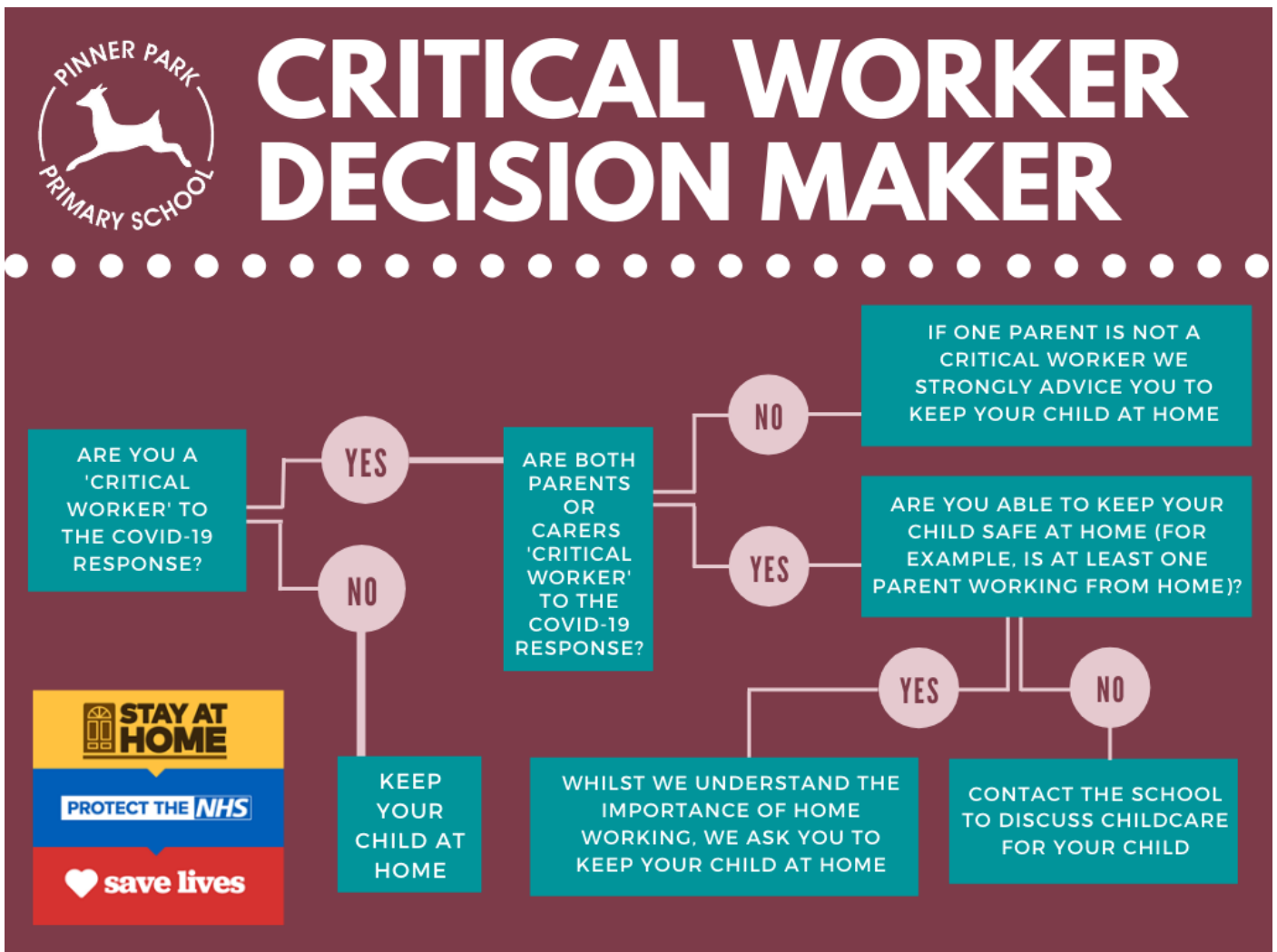
Next Week

Operationally, next week will be very similar to this week. The school will be open for the very small number of children whose parents' work is critical to the COVID-19 response and are not able to keep their child safe at home. We will stick to the government advice that **every child who can be safely cared for at home should be.**



If you are a key worker and you think you may need to use the childcare for the first time, please send an email to office@pinnerpark.harrow.sch.uk and we will talk you through the application procedure.

For all other children and families it will be another week of home working and home learning. We will add our Week 2 Learning Projects to the class pages on the website soon. The theme for next week is, 'The area I live in'. We'll continue to share helpful tips and information through our communications with you.



KEEP UP TO DATE ON OUR WEBSITE
<http://pinnerpark.harrow.sch.uk>

