

# The Pinner Park Po

Special  
Edition



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## Welcome 'Back'!

I hope you all had a restful Easter break – it didn't really seem like a school holiday did it? These are certainly strange times.

I am in the odd position of welcoming you to our very first 'remote' summer term!

We've all had to adapt to new ways of working, so I want to take the opportunity to say what an amazing job you're doing - supporting your child's well-being and learning during this time.



It has definitely been a strange and challenging time, so it's ok if you and your child feel wobbly and worried at the moment. We're here for you every step of the way as we figure this all out together. Remember, if you have any concerns about helping your child learn or you need any other support from the school, please let us know. You can send an email to your child's year group email, or an email to our office. You can also use the 'live chat' facility on our school website.

We miss our children and families very much, but we must follow the government's guidance to protect the NHS, and keep everyone in our community safe. So, we're carrying on with our programme of home learning whilst supporting a very small number of children in school.

Even though we're not all in the same building, it doesn't mean we can't have some fun together! Your children will have lots of activities they can get stuck into over the summer term – so keep a close eye on our newsletters, the school website, and our social media channels.

We also love seeing the children's fantastic learning at home. You can 'show off' your work to your teachers using the year group email addresses or through DB Primary.

We don't know when we'll be able to open the school fully – we just know that we will be closed for at least the next three weeks (and our best guess is that it will be longer). Rest assured that we'll continue doing our utmost to keep your child learning and our school community connected.

We are hoping for a fabulous Summer Term!

Best wishes,

*Nick Waldron*

Headteacher

## Childcare for the next three weeks

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During the coming weeks, school will remain open for the very small number of children whose parents' work is critical to the COVID-19 response and are unable to be kept safely at home. Many parents working in these sectors are able to ensure their child is kept at home. **Every child who can be safely cared for at home should be.**

If you need to book a place for any day during the next three weeks, please use the form here:  
<https://forms.gle/meanV37uH8dZJZ7f6>

We need to plan our staffing for the next three weeks. If you are a key worker and you need childcare for your children, please complete the form by 6pm today. Please only request a place for your child if it is absolutely necessary.

If your circumstances change after 6pm today, please send an email to [office@pinnerpark.harrow.sch.uk](mailto:office@pinnerpark.harrow.sch.uk).

## Keeping in Touch –Year Group Emails

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If you have any questions about your child's home learning, you can get in touch directly with the teachers in your child's year group using the following addresses. If you, or your child, have any questions about home learning, if you need a password for something, or if you need some ideas, simply send a message and a member of staff from the year group team will get back to you.



The email addresses are:

[nursery@pinnerpark.harrow.sch.uk](mailto:nursery@pinnerpark.harrow.sch.uk)

[reception@pinnerpark.harrow.sch.uk](mailto:reception@pinnerpark.harrow.sch.uk)

[year1@pinnerpark.harrow.sch.uk](mailto:year1@pinnerpark.harrow.sch.uk)

[year2@pinnerpark.harrow.sch.uk](mailto:year2@pinnerpark.harrow.sch.uk)

[year3@pinnerpark.harrow.sch.uk](mailto:year3@pinnerpark.harrow.sch.uk)

[year4@pinnerpark.harrow.sch.uk](mailto:year4@pinnerpark.harrow.sch.uk)

[year5@pinnerpark.harrow.sch.uk](mailto:year5@pinnerpark.harrow.sch.uk)

[year6@pinnerpark.harrow.sch.uk](mailto:year6@pinnerpark.harrow.sch.uk)

Please use [office@pinnerpark.harrow.sch.uk](mailto:office@pinnerpark.harrow.sch.uk) for any general enquiries.

## Pinner Park Online – Over 4,000 views!

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Our Video Channel is now fully up and running and our videos have had 4,400 views so far. We'll continue to add new videos over the next few weeks.

You can see our videos here:

<http://pinnerpark.harrow.sch.uk/pinner-park-online>

## Well Being, Mental Health and Getting Support

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At this time of uncertainty and anxiety for adults and children, and with the change in routines, it is really important that we look after ourselves and each other.

If you find yourself struggling, please do seek support. We are very happy for you to contact the school for that support. You can email the school office, confidentially, at any time and we will respond in any way that we can to support you. We have some very experienced staff and links to others who will be able to help. You are not alone.

We have a section on our 'home learning' page dedicated to well-being which includes some tips for families and also some activities you can do at home to support everyone's mental health.

Above all, we would remind you not to become too anxious about home learning. We know that everyone's situation is different. We know that some families are sharing devices, that some parents are out at work, and others are working from home. We know that most of our parents are not qualified teachers, and we know that it is not easy (we do this every day and we know it is not easy!). We know that schedules will be different from family to family – your home 'school' will be different to others, and nothing like the 'real' school. This is not a problem – let's embrace our differences!

When we return to school we will do our very best to ensure that the break from school does not disadvantage any student – that is our job and we can do it! Your job is to do your very best with the home learning and also to support your child's mental and emotional well-being. Your child's resilience, character and happiness will be the most important factors in them getting back 'on track' when school returns.

We have planned our home learning activities to be as flexible as possible to account for the different circumstances of each family. Please feel free to supplement the learning projects with other activities.

## This Week's Community Challenge – Get Creative!

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For this week's school community challenge we want to do a big thank you to the NHS from Pinner Park. So... get creative!

You can make a poster, decorate the outside of your house, create a rainbow collage, a rainbow t-shirt, a 'thank you' banner, or something else. Once you're done, take a photo. It would be great to include you in the photo, so stand next to your creation, or hold it, so we can see who is saying thank you! Your family can get in the pic if they want to!



Send your photos to [share@pinnerpark.harrow.sch.uk](mailto:share@pinnerpark.harrow.sch.uk) and we'll create a video montage of all your efforts. Please remember that the pictures will be uploaded as an unlisted video on YouTube so we will only accept contributions from parent email addresses. If you send a picture in we will know that you consent to the picture being used in the video.

Please ensure your email is sent to [share@pinnerpark.harrow.sch.uk](mailto:share@pinnerpark.harrow.sch.uk) before the deadline, which is Thursday 23 April at 5pm.

## Support for Home Learning – EXCITING NEW BBC DEVELOPMENT



We'll try and give you as much support as possible over the coming weeks.

The main home learning for each year group is through the 'Learning Projects' which are on our website. These include daily activities (such as the White Rose Maths lessons) as well as some weekly activities. This week's Projects (Week 3) are on the theme of 'Viewpoints'.

There are lots of additional resources available but there has been a national development since our last newsletter:

### BBC Bitesize Daily Lessons

BBC Bitesize has been recommended on each of our newsletters because it is so good. In a new development, from today, you'll be able to access regular daily lessons in English and Maths, as well as other core subjects, in an expanded version of the website and also on special programmes broadcast on BBC iPlayer and BBC Red Button. You can also expect some of the content to be delivered by well-known faces. BBC iPlayer and the Red Button service will host Bitesize Daily. These are six different 20 minute shows, each designed to target a specific age group, from ages five to 14, and for pupils throughout the UK.



The content of these lessons will be backed up by new videos, practice tests, educational games and articles. Mums and dads can get advice on how to teach anyone who is home-schooling and the Bitesize website will also have guides for pupils with SEN (special educational needs).

In addition, BBC Sounds is also launching a podcast aimed at primary pupils, to support everyone learning at home. The daily shows, each around 10 minutes long, will link with content on Bitesize.

Check it all out here: <https://www.bbc.co.uk/bitesize/primary>

### Exciting Pinner Park Family News!



Mrs Hotham, one of our Reception class teachers has recently started her maternity leave. We are delighted to announce that Mrs Hotham now has a new addition to her family! Ellie was born on Thursday and Mum and baby are doing fine!

We are so pleased to be able to share this terrific, happy news with you at this time. We are sure that you will join us in congratulating the family and we send them all our very best wishes.

KEEP UP TO DATE ON OUR WEBSITE  
<http://pinnerpark.harrow.sch.uk>



# Advice for parents during coronavirus

Whilst coronavirus is infectious to children it is rarely serious. If your child is unwell it is likely to be a non-coronavirus illness, rather than coronavirus itself.

Whilst it is extremely important to follow Government advice to stay at home during this period, it can be confusing to know what to do when your child is unwell or injured. Remember that NHS 111, GPs and hospitals are still providing the same safe care that they have always done. Here is some advice to help:



RED

## If your child has any of the following:

- Becomes pale, mottled and feels abnormally cold to the touch
- Has pauses in their breathing (apnoeas), has an irregular breathing pattern or starts **grunting**
- Severe difficulty in breathing becoming agitated or unresponsive
- Is going blue round the lips
- Has a fit/seizure
- Becomes extremely distressed (crying inconsolably despite distraction), confused, very lethargic (difficult to wake) or unresponsive
- Develops a rash that does not disappear with pressure (the 'Glass test')
- Has testicular pain, especially in teenage boys

## You need urgent help:

Go to the nearest A&E department or phone 999



AMBER

## If your child has any of the following:

- Is finding it hard to breathe including drawing in of the muscles below their lower ribs, at their neck or between their ribs (**recession**) or **head bobbing**
- Seems dehydrated (dry mouth, sunken eyes, no tears, drowsy or passing less urine than usual)
- Is becoming drowsy (excessively sleepy) or irritable (unable to settle them with toys, TV, food or picking up) - especially if they remain drowsy or irritable despite their fever coming down
- Has extreme shivering or complains of muscle pain
- Babies under 3 months of age with a temperature above 38°C / 100.4°F
- Infants 3-6 months of age with a temperature above 39°C / 102.2°F
- For all infants and children with a fever above 38°C for more than 5 days.
- Is getting worse or if you are worried
- Has persistent vomiting and/or persistent severe abdominal pain
- Has blood in their poo or wee
- Any limb injury causing reduced movement, persistent pain or head injury causing persistent crying or drowsiness

## You need to contact a doctor or nurse today.


Please ring your GP surgery or call NHS 111 - dial 111

The NHS is working for you. However, we recognise during the current coronavirus crisis at peak times, access to a health care professional may be delayed. If symptoms persist for 4 hours or more and you have not been able to speak to either a GP or 111, then take your child to the nearest A&E



GREEN

## If none of the above features are present

- You can continue to provide your child care at home. Information is also available on NHS Choices
- Additional **advice** is available to families for coping with crying of well babies 
- Additional **advice** is available for children with complex health needs and disabilities.

## Self care

Continue providing your child's care at home. If you are still concerned about your child, call NHS 111 - dial 111