PARENTS AND CARERS

ONLINE SAFETY

INFORMATION AND ONLINE RESOURCES

Where can I get online safety advice?

Childnet A collection of advice covering topics such as screen time, parental controls, having a conversation, digital well-being and live streaming.
https://www.childnet.com/parents-and-carers/

UK Safer Internet Centre A guide for parents covering many aspects of online safety including a guide to a guide to technology, having a conversation and screen time.
https://saferinternet.org.uk/guide-and-resource/parents-and-carers

Ask About Games Specific advice and online guides about gaming and PEGI ratings. Includes information about setting up family controls for games consoles.
https://www.askaboutgames.com/

NSPCC Keeping Children Safe Online Safety advice to help you learn about staying safe online as a family.
https://www.nspcc.org.uk/keeping-children-safe/online-safety

Common Sense Media Online advice and reviews for games, apps, films and books, including information about age suitability.
https://www.commonsensemedia.org/

Where can I get more support?

Family Lives Provides help and support with all aspects of family life.
https://www.familylives.org.uk/

NSPCC Providing help and support for adults who are concerned about the safety or wellbeing of a child.
https://www.nspcc.org.uk/

Young Minds Support and help with young people's mental health and well being
https://www.youngminds.org.uk/

Support for children and young people:

Childline Providing help and support for under 18s. 0800 11 11 or
http://www.childline.org.uk/

Young Minds Support and help with young people's mental health and well being
https://www.youngminds.org.uk/

Where can I go to make a report?

Child Exploitation and Online Protection Command (CEOP) A police agency tackling child abuse online where you can reports any concerns about the behaviour of someone online towards a child. There is a link button on each page of our school website.
http://www.ceop.police.uk/

Report Harmful Content
Part of the UK Safer Internet Centre.
https://reportharmfulcontent.com/

Step by step guides and checklists

A Parents' Guide to Technology A set of guides to popular devices such as laptops, phones, games consoles, tablets and smart televisions.
http://www.saferinternet.org.uk/parent-tech

Internet Matters Step by step guides that help you to set up parental controls (and much more info besides).
https://www.internetmatters.org/

Childnet Family Agreement Provides a framework for setting our expectation for online behaviour and usage.
https://www.childnet.com/resources/family-agreement/

Social Media Guides Advice from each social media company, collated by the UK Safer Internet Centre, with advice on privacy features and parental controls.
https://saferinternet.org.uk/guide-and-resource/social-media-checklists

Top Tips

Have a conversation and get to know what your child likes doing online and how going online makes them feel. Visit Childnet or the UK Safer Internet Centre for advice on conversations.

Establish boundaries and routines for the whole family when using technology and going online. This could include where devices are kept, how long they are used for, and when.

Be clear on strategies your child can use if something worries or upsets them online. This could be how to get support, who to talk to, or turning over the device and getting help.

Get to know your devices and especially the safety features on devices, wifi, phone networks, entertainment services and apps.

Be curious, not furious. It can be really worrying if your child sees something unexpected or inappropriate online but try to remain calm. If your child has done something wrong, use this as a learning opportunity. We want children to feel that they can come to us if they are worries about something.

Keep the conversation going. It's important to keep talking about online safety. Find quiet moments together or use current news stories as a way of approaching the subject again.