Learning Journey

Physical Education

As a result of limited access to swimming pool facilities during the Covid 19 pandemic, classes in Year 5 and Year 6 are completing their swimming sessions during 2023-2024. The PE curriculum will be flexed accordingly to accommodate this variation.

YEAR 6

Gymnastics	Netball
Dance	Football
Strength, Flexibility and Balance	Handball
Outdoor Adventurous Activities	Hockey
Athletics	Tennis
Cricket	Competition Games

High School READY

YEAR 5

Athletics	Rounders
Outdoor Adventurous Activities	Tennis
Badminton	Tag Rugby
Fitness	Dodgeball
Dance	Handball
Gymnastics	Basketball

Throughout the year each class will have an intensive 2-week block of swimming sessions which forms a half term unit.

YEAR 4

Gymnastics	Netball
Dance	Football
Strength, Flexibility and Balance	Tennis
Fitness	Outdoor Adventurous Activities
Racquet Skills (Badminton)	Hockey
Athletics	Cricket

YEAR 3

Outdoor Adventurous Activities	Rounders
Athletics	Tennis
Fitness	Tag Rugby
Dance	Dodgeball
Gymnastics	Basketball
Fundamentals	Ball Skills

YEAR 2

Fundamentals	Ball Skills
Gymnastics	Sending and Receiving
Dance	Invasion
Fitness	Target Games
Net and Wall	Athletics
Team Building	Striking and Fielding

YEAR 1

Team Building	Striking and Fielding
Net and Wall	Athletics
Strength, Flexibility and Balance	Target Games
Dance	Invasion Skills
Gymnastics	Sending and Receiving
Fundamentals	Ball Skills

Theme 1

Theme 2

EYFS

In the Early Years Foundation Stage, children foster a love for learning about Physical Education through a carefully planned blend of child and adult led activity. Children begin to develop their gross and fine motor skills and healthy lifestyles.

EYFS area(s): Physical Development