



# Home Learning Learning Projects

YEAR 1   WEEK 6   FOOD	
Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> <li>• Daily Maths Lesson from <a href="#">White Rose Maths</a></li> <li>• Working on <a href="#">Numbots</a> - your child will have an individual login to access this.</li> <li>• Play on <a href="#">Hit the Button</a> - number bonds, halves, doubles.</li> <li>• Look in the cupboards and the fridge. Sort some of the foods you can find into different groups. Which food group has the most or least amount of items? Which item of food is the lightest or heaviest? Why might this be?</li> <li>• Play the game <a href="#">Fruit Fall</a> - answer the data handling questions based on how many pieces of fruit you catch.</li> <li>• Choose and draw a 2D shape of your choice. Find 3D objects in your house. What is the difference between 2D and 3D objects?</li> </ul>	<ul style="list-style-type: none"> <li>• Read out aloud the ingredients on the back of a tin or cereal box to an adult?</li> <li>• Chose 3 foods you like. Can you add the sound buttons onto these words?</li> <li>• Find a recipe book in the house or online, and read the ingredients needed to make something.</li> <li>• Make a list of the food in your cupboard and list them in alphabetical order. Add on sound buttons.</li> <li>• Read a variety of books and make a list of all the different types of food you find in them.</li> </ul>
Weekly Phonics/Spellings Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<p>The packs that were sent home before school closed include lists of the phonic sounds and words the children learn to spell and read in Year 1. A copy is also on the school website.</p> <ul style="list-style-type: none"> <li>• Daily phonics - Have a go at the <a href="#">daily phonics lessons online</a>.</li> <li>• <a href="#">Phonics play</a></li> <li>• <a href="#">Top Marks</a></li> <li>• <a href="#">Spelling</a></li> <li>• Spell the days of the week</li> <li>• Practise spelling 3 tricky words</li> <li>• Practise spelling 3 common exception words</li> <li>• <a href="#">Spelling City</a></li> </ul>	<p>When children are completing writing tasks it is important that they have the phonic sound mats and tricky word lists available in order to use. Remember phonetic spelling is acceptable of any word that is not on the tricky word list. They also need to remember to use finger spaces, full stops and capital letters.</p> <p>Ask your child to:</p> <ul style="list-style-type: none"> <li>• Create a shopping list for the week. Can your child group the items into food groups on their list e.g. fruit and vegetables, meat, dairy.</li> <li>• Write a recipe for a healthy meal of their choice. Can they use subheadings for the ingredients and instructions.</li> <li>• Write a set of instructions for making toast. Can they use bossy verbs (cut, spread, put etc.)?</li> <li>• Design a new label for a cereal box. What eye catching information will you add? Can you use an exclamation mark?</li> <li>• Write a poem about your favourite food. Will it rhyme?</li> <li>• Design a new milkshake. Which ingredients will you include. Can you label the milkshake. Can you make the milkshake?</li> </ul>

## Learning Project - to be done throughout the week: Food

### Food

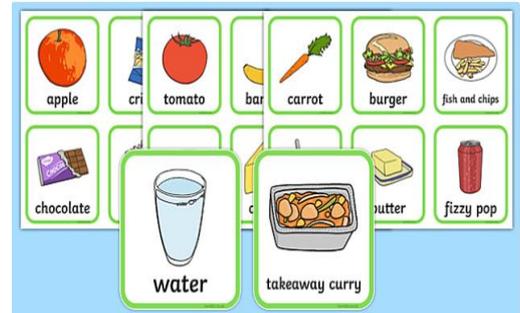
The project this week aims to provide opportunities for your child to learn about more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc .

**Balanced diet:** Show your child this [video](#) about how to have a balanced diet.

Play these [games](#) about healthy eating.

What do we have today? Look in the kitchen to see if you can create an A-Z list of foods.

**Fruit and vegetables** - Draw pictures of fruit and vegetables in your house. Label the fruit and vegetables and place in alphabetical order.



**Sorting activity:** Collect food from the kitchen and sort into healthy and unhealthy foods.

**Design a poster** - Think about the foods you like to eat and food that you need to eat to keep you healthy. Create a poster that you can put in the kitchen.

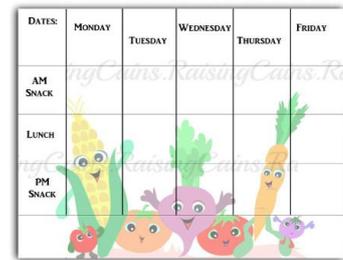
**Healthy lunchbox:** Can you play this [game](#) and make a healthy lunchbox?

**Traditional food:** Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a different festival. What are the similarities? What are the differences? How is the food prepared? Do you have any traditional food you enjoy with your family?

**Restaurant:** Can you plan a menu? Think about what you would like to have on your menu. Can you design a menu for a vegetarian? Can you design a menu? Will you have options on your menu for people who have allergies?

**Designing a school menu.** Can you design a new school menu? What could you add? What would you keep the same? Will it be a healthy school menu? Can you find pictures or draw pictures to add to your menu? Plan out your menu and remember to include prices. Will you have a different menu everyday?

DATES:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK					
LUNCH					
PM SNACK					



**Cooking:** Find a recipe and check if you have the ingredients at home and cook a meal for your family. Can you cook as a family? Who will do each job?

**Fruit survey:** Ask your family the different fruits they like to eat. Collect the information and make a tally chart. Can you represent this information in a particular way?

**Favourite Fruit Survey Pictogram**

Which fruit is the most popular in your class?

Fruit	1	2	3	4	5	6	7	8	9	10
apple										
banana										
orange										
grapes										
strawberry										
peach										
watermelon										
pineapple										

**Fruit and vegetables printing:** Look at the [work](#) of the artist: Lynn Flavell. How does she represent fruit and vegetables? Can you create a piece of artwork in the style of Lynn Flavell.

